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# Dr. Jody Stanislaw Explains Why Sugar is Not a Treat

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Dr. Jody Stanislaw is on the faculty of the [Restorative Medicine Herbal Certification](#) program. She will be sharing the best methods for managing blood sugar for type 1 and type 2 diabetes in her online webinar. She helps patients around the world to better manage their diabetes, and her TEDx talk about the ravaging effects of sugar has over one million views.

**Categories:** [Restorative Medicine Digest](#)