



Program Schedule

Format	Course	Hours	Faculty	Dates
On-Demand Recordings	Herb Foundations Module: Herb Pharmacology Lessons	5	Mary Bove, ND; Jill Stansbury, ND; Kevin Spelman, PhD; Eugene Zampieron, ND	Complete before attending the 2019 Spring Herb Seminar
2019 Restorative Medicine Herb Seminar in Miami (17 CME)	Cardiology Module: Metabolic Syndrome and Glucose Control Lessons	2	Chris Hobbs, PhD	5/14/19 -5/16/19
	Cardiology Module: Cardiology Lessons	3	Chris Hobbs, PhD	5/14/19 -5/16/19
	Neurology and Neurotransmitters Module	4	Charis Lindrooth, DC	5/14/19 -5/16/19
	Gastroenterology Module	5	Mary Bove, ND	5/14/19 -5/16/19
	Immunology and Autoimmune Conditions Module	3	Charis Lindrooth, DC	5/14/19 -5/16/19
Live Webinars (18 CME)				
	Pain Management with Botanical Medicine for Injury, Pain and Inflammation Berberine and Curcumin: Evidence-Based Review	2	Eugene Zampieron, ND Jillian Stansbury, ND	Tuesday 6/11/19
	Men's Health Module	2	Geo Espinosa, ND	Thursday 7/11/19
	TBD	2	TBD	8/13/19 or 8/15/19
	Restorative Medicine Herbs for Type 1 & 2 Diabetes Herbal Support for PCOS	2	TBD Jillian Stansbury, ND	Tuesday 10/15/19
	Evidence-Based Review of Vitamin K Lion's Mane for Cognitive Decline	2	Kate Rheum Blue, ND TBD	Thursday 11/14/19
	Restorative Medicine Herbs for Oncology	2	Chanchal Cabrera, RH	Thursday 1/16/20
	Restorative Medicine Herbs for Oncology Case Studies in Oncology	2	Chanchal Cabrera, RH Michael Friedman, ND	Tuesday 2/11/20
	TBD	2	TBD	Thursday 3/19/20
	Herb Foundations Module: Herbal Mechanisms Lessons	2	TBD	Tuesday 4/14/20

RESTORATIVE MEDICINE HERBAL CERTIFICATION

2019 Annual Restorative Medicine Conference in San Diego (20 CME total/14 CME RMHC)	Women's Health Module	4	Tieraona Low Dog, MD	9/12/2019-9/15/2019
	Endocrinology Module: Adrenal Lessons	2	Tieraona Low Dog, MD	9/12/2019-9/15/2019
	Herb Foundations Module: Mitochondrial Function Lessons	3	Kevin Spelman, PhD	9/12/2019-9/15/2019
	Endocrinology Module: Thyroid Lessons	2	Michael Friedman, ND	9/12/2019-9/15/2019
	Cardiology Module: Cardiology Lessons	1	Decker Weiss, ND	9/12/2019-9/15/2019
	Restorative Medicine for Detoxification	2	Crystal Silas, MD	9/12/2019-9/15/2019
On Demand Recordings*	Herb Foundations Module: Herb Pharmacology Lessons	5	Mary Bove, ND; Jill Stansbury, ND; Kevin Spelman, PhD; Eugene Zampieron, ND	
	Gastroenterology Module	1	Jillian Stansbury, ND	
	Neurology and Neurotransmitters Module	2	Kevin Spelman, PhD; Jillian Stansbury, ND; Michael Friedman, ND	
	Cardiology Module: Cardiology Lessons	1.5	Michael Friedman, ND; Eugene Zampieron, ND	
	Women's Health Module	2	Mary Bove, ND; Jillian Stansbury, ND	
	Men's Health Module	3	Eugene Zampieron, ND	
	Endocrinology Module: Thyroid Lessons	2	David Brownstein, MD; Kevin Spelman, PhD	
	Endocrinology Module: Adrenal Lessons	2	Eugene Zampieron, ND;	
	Immunology & Autoimmune Module	2	Chris Hobbs, PhD; Darin Ingels, ND	
	Herb Foundations Module: Mitochondrial Function Lessons	1	Kevin Spelman, PhD	
JRM Articles (5 CME)	Various Topics	5 CME		