



## Program Schedule

Course	Hour	Faculty	Dates
<b>2019 Restorative Medicine Herb Seminar in Miami (17 CME)</b>			
Cardiology Module: Metabolic Syndrome and Glucose Control Lessons	2	Chris Hobbs, PhD	5/14/19 - 5/16/19
Cardiology Module: Cardiology Lessons	3	Chris Hobbs, PhD	5/14/19 - 5/16/19
Neurology and Neurotransmitters Module	4	Charis Lindrooth, DC	5/14/19 - 5/16/19
Gastroenterology Module	5	Mary Bove, ND	5/14/19 - 5/16/19
Immunology and Autoimmune Conditions Module	3	Charis Lindrooth, DC	5/14/19 - 5/16/19
<b>Live Webinars (18 CME)</b>			
Herbs for Autoimmune Conditions Berberine and Curcumin: Evidence-Based Review	2	Eugene Zampieron, ND Jillian Stansbury, ND	Tuesday 6/11/19
Men's Health	2	Geo Espinosa, ND	Thursday 7/11/19
Evaluating Herb Quality for Best Clinical Results	2	Michael Tims, PhD	Tuesday 8/13/19
Restorative Medicine Herbs for Diabetes Herbal Support for PCOS	2	Jody Stanislaw, ND Jillian Stansbury, ND	Tuesday 10/15/19
Evidence-Based Review of Vitamin K Lion's Mane for Cognitive Decline	2	Kate Rheum Blue, ND TBD	Thursday 11/14/19
Restorative Medicine Herbs for Oncology	2	Chanchal Cabrera, RH	Thursday 1/16/20

Restorative Medicine Herbs for Oncology Case Studies in Oncology	2	Chanchal Cabrera, RH Michael Friedman, ND	Tuesday 2/11/20
TBD	2	TBD	Thursday 3/19/20
Herb Foundations Module: Herbal Mechanisms Review	2	TBD	Tuesday 4/14/20
<b>2019 Annual Restorative Medicine Conference in San Diego (20 CME total)</b>			
Women's Health Module	4	Tieraona Low Dog, MD	9/12/2019- 9/15/2019
Endocrinology Module: Adrenal Lessons	2	Tieraona Low Dog, MD	9/12/2019- 9/15/2019
Herb Foundations Module: Mitochondrial Function Lessons	3	Kevin Spelman, PhD	9/12/2019- 9/15/2019
Endocrinology Module: Thyroid Lessons	2	Michael Friedman, ND	9/12/2019- 9/15/2019
Cardiology Module: Cardiology Lessons	1	Decker Weiss, ND	9/12/2019- 9/15/2019
Restorative Medicine for Detoxification	2	Crystal Silas, MD	9/12/2019- 9/15/2019
<b>On-Demand Recordings</b>			
Herb Foundations Module: Herb Pharmacology Lessons	5	Mary Bove, ND Jill Stansbury, ND Kevin Spelman, PhD Eugene Zampieron, ND	Prior to 2019 Spring Herb Seminar
Gastroenterology Module	1	Jillian Stansbury, ND	
Neurology and Neurotransmitters Module	2	Kevin Spelman, PhD Jillian Stansbury, ND Michael Friedman, ND	
Cardiology Module: Cardiology Lessons	1.5	Michael Friedman, ND Eugene Zampieron, ND	
Women's Health Module	2	Mary Bove, ND Jillian Stansbury, ND	
Men's Health Module	3	Eugene Zampieron, ND	
Endocrinology Module: Thyroid Lessons	2	David Brownstein, MD Kevin Spelman, PhD	

Endocrinology Module: Adrenal Lessons	2	Eugene Zampieron, ND	
Immunology & Autoimmune Module	2	Chris Hobbs, PhD Darin Ingels, ND	
Herb Foundations Module: Mitochondrial Function Lessons	1	Kevin Spelman, PhD	
<b>JRM Articles (5 CME)</b>	5 CME	Various Topics	